

Answers to Questions Dr. Amy has been asked:

- BEMER began in Germany in 1996 but has been for sale in the USA since May, 2015. There are over 1 million users in 40 countries.
- BEMER is a CLASS II medical device.
- BEMER does not have disease protocol as the only thing we can legally say is that it “enhances circulation”. Any health condition that can be improved by increasing your body’s circulation, can be treated using the BEMER. “The BEMER doesn’t TREAT anything, but can HELP everything.”
- Start LOW and go SLOW! As the BEMER puts a positive charge into cells, it pushed out toxins. The more toxic (older) you are, the slower you should go up in intensity to avoid detoxing too quickly.
- The B.Pad and B.Spot are 3X the intensity of the B.Pad to spot treat areas that need extra attention
- The earth has an average intensity of 55 microtesla with stronger intensity at the North and South Pole and over Australia. The B.body intensity ranges from 3.5 microtesla to 35 microtesla. The B.Pad and B.Spot range from 10.5 microtesla to 105 microtesla.
- Level 1 is considered calming and activates 1/6 of the body’s cells. Level 6 is as high as most people need to go as it activates 100% of our cells. Levels above 6 are for very healthy, active individuals and are very detoxifying. More is not always better. Think of level 1 as quiet, easy listening music and Level 10 as loud, hard rock music. Both have sound/intensity, but you don't need to blare it loud/Intense to get the benefit of music. Another analogy is think of level 1 as 1 ibuprofen and level 10 as 10 ibuprofen's. If 1 works, don't take 10!
- B.Light is used mostly for Skin regeneration in Anti-Aging or after surgery to speed healing and reduce scar formation. This is a 660nm LED light, not a laser.
- The “PLUS” setting gives 5 level 10 pulses every 20 seconds during a BEMER session when it is on and should not be used in the evening as it could keep you up. It is great to use during a morning BEMER session as it’s a gentle energy burst.
- B.Pad can be used on head at a level 1 with no “PLUS” on as this would be too stimulating.
- If someone ever experiences achiness on BEMER, go down on intensity. You are detoxing too quickly.
- The intensity of the BEMER is strongest to those on the BEMER, but energy does extend out from mat, so those close by the mat may also feel the benefits.
- PEMF is a fast, effective way to improve healing potential of EVERY cell as it pulls waste out and nutrients in through an enhanced cell wall!
- Effects of BEMER last 12-48 hours on an average patient, but the healthier a patient is/gets, the longer the effects last.
- If you run into ANY problems, contact BEMER at their California location at [1-800-554-9117](tel:1-800-554-9117), but all orders have to be placed online.