

Renting the BEMER

- BEMER can be rented Thursday at 4pm till Monday at 7:30am for \$150 plus a check for a \$500 deposit to be returned/shredded when BEMER is back by 7:30am Monday in condition it left in.
- No pets around any part of BEMER. Some people have allergies to pets, so I can't have BEMER returned with animal hair. Make sure machine is put away when not in use to avoid curious animals chewing on cords or applicators.
- The BEMER box IS a computer, so please treat it like one:
 - NO LIQUIDS AROUND BOX OR APPLICATORS
 - NO EXCESSIVE HEAT OR COLD- DON'T LEAVE IN A HOT CAR
 - HANG ON TIGHT SO BOX DOES NOT FALL
- Please place a sheet or blanket on top of BEMER mat for cleanliness reasons and always lay on mat fully clothed.
- Using your cell phone or any electronic devices while on BEMER goes AGAINST the health benefits of the BEMER. All of the good things BEMER does for you, electronic things do the opposite, so take a break from electronic devices while on the BEMER to get full benefits.
- Use the BEMER as much as you (or anyone for that matter) want while you are renting it. Intensity instructions are under BEMER tab on my website and it is very simple to use and I LOVE hearing the power of BEMER for so many people! Start with a low intensity and feel free to work up in intensity, but achiness is a sign you are detoxing too quickly, so don't go so fast that you fail to feel good while detoxing. Too much of a good thing is not always a good thing!
- Don't expect to feel anything while on the BEMER. Some do and some don't (kind of like with an atlas adjustment). Believe me, it is doing amazing things for your body!
- The following is a YouTube video I made to walk you through initial setup and usage of BEMER:

<https://youtu.be/91rsA0MoRAQ>

- If you have any questions over the weekend about the BEMER, they can be directed to amy.porterfield@bemermail.com. This is not a HIIPA compliant email, so I can only answer BEMER questions- not chiropractic.
- Call 515-965-7835 to schedule a weekend to rent BEMER or set up an appointment to use BEMER in our office.